



Template for Evidence(s) UI GreenMetric Questionnaire

University : Andijan State Institute of Foreign Languages
Country : Uzbekistan
Web Address : www.adchti.uz

[3] Waste (WS)

[3.1] 3R (Reduce, Reuse and Recycle) Program for University Waste

SINGLE STREAM SORTING: adchti.uz
SINGLE STREAM RECYCLING GUIDE

Items to Recycle: Cartons / Corrugated Cardboard, Old Mail and Envelopes, Journals and Catalogs / Phone Books, Newspapers and Inserts, Office Paper (white and colored), Water and Beverage Bottles (PET), Cleaning Agents and Shampoo Bottles (HDPE), Metal and Glass Lids, Glass Jars (rinsed), Empty Aerosol Cans, Paper Egg Cartons, Milk and Juice Cartons.

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DO NOT PUT THESE ITEMS IN THE RECYCLING!

Items Not to Recycle: Food and Household Waste, Food Waste / Kitchen Waste, Soiled Papers (Toilet paper, napkins), Plastic Bags (cellophane), Ceramics and Broken Glass, Window Glass, Electronics, Batteries, Lamps, Clothing and Textiles.

For more information: adchti.uz/recycling
Support Hotline: 55 203 3333

**ECOLOGICAL INITIATIVE:
FROM WASTE TO SUSTAINABLE PRODUCTS**
Supported by Andijan State Institute of Foreign Languages

1. MATERIAL SEPARATION → **THE SECOND LIFE OF UHT CARTONS:** Milk and juice cartons are valuable raw materials.

2. PANEL PRODUCTION

Recycling Cycle: 1. SEPARATION → 2. SORTING → 3. THERMAL PRESSING → 4. CORRUGATION

STAGE 1: SEPARATION → **STAGE 2: SORTING** → **STAGE 3: THERMAL PRESSING** → **STAGE 4: CORRUGATION**

RESULTS: Water pulp, Poly-al mixed, Thermal hot press, Warm an soft, Corrugating machine panels, Finished uav panels

WHY IS THIS IMPORTANT?

- SAVING NATURE:** Deforestation prevention with recycled paper.
- ENERGY EFFICIENCY:** Recycling consumes 95% less energy than new alum.
- INNOVATION:** Our students learn world-changing technologies.

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Example of 3R Program for Andijan State Institute of Foreign Languages (Uzbekistan)

Online systems reduce paper consumption.

Choose reusable items for daily use on campus.

Separate bins for paper, plastic, and general waste.

Example of 3R Program for Andijan State Institute of Foreign Languages (Uzbekistan)



Description:

Andijan State Institute of Foreign Languages implements a comprehensive 3R (Reduce, Reuse, Recycle) program aimed at minimizing waste generation, promoting responsible consumption, and strengthening sustainable waste management practices across the campus. The program involves students, academic staff, and administrative personnel and is integrated into the institute's daily educational and operational activities.

As part of the Reduce initiative, the institute promotes the use of electronic documentation, online learning platforms, digital communication tools, and paperless administrative procedures to reduce paper consumption. Students and staff are encouraged to avoid unnecessary printing, use digital materials whenever possible, and reduce the use of single-use plastic items. Awareness posters, informational materials, and campus campaigns are regularly organized to encourage responsible consumption habits and environmentally conscious behavior.

The Reuse component focuses on extending the life cycle of available resources. Office supplies, furniture, educational materials, and reusable equipment are redistributed between departments when possible. Students are encouraged to exchange, donate, or reuse books, notebooks, and study materials at the end of each semester. Reusable materials are also prioritized during academic events, seminars, and institutional activities in order to reduce unnecessary waste.

The Recycle component includes the separation and collection of recyclable materials on campus. Special waste collection bins for paper, plastic, and other recyclable materials are installed in academic buildings and administrative areas. These bins help students and staff sort waste properly and support the development of a recycling culture within the institute.

In addition, Andijan State Institute of Foreign Languages cooperates with “BIO-TEX-EKO” LLC, Andijan City Branch, a licensed local recycling company, for the collection and proper processing of recyclable waste. This cooperation ensures that recyclable materials are managed responsibly and transferred to appropriate recycling facilities.

Special attention is also given to electronic waste, including used batteries, printer cartridges, outdated electronic devices, and other e-waste materials. These items are collected separately and transferred to authorized recycling facilities to prevent environmental pollution and reduce the risks associated with hazardous waste.

Through its 3R program, ASIFL contributes to sustainable campus development, reduces environmental impact, promotes responsible resource use, and strengthens environmental awareness among students and staff. The program supports the institute's commitment to sustainable development and encourages the academic community to adopt more environmentally responsible daily practices.

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Additional evidence link (i.e., for videos, more images, or other files that are not included in this file):

<https://green-institute.adchti.uz/>

<https://green-institute.adchti.uz/#waste>